

2011 Sneak Peek

November 2010

October 2010							December 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2								
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

2011 Girlfriend's Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <small>Election Day</small>	3	4	5	6

November Master Task List

Take a minute to mentally dump everything you need to do or think you need to do, here. This will help de-clutter your mind and allow you to focus on what is most important.

7	8	Business Tasks		Personal Tasks	
14	15				
21	22				
28	29				

My Mission this Month (take a minute and write a few sentences that encompasses the WHY behind what you do both personally and in business):

My goal and intention for this week is...

I am so grateful
Celebrate Accom
Reflect and let I feel my h

Ideas... Thoughts... To-do's... Dreams... Creative Sparks... Bucket List... All About You!

Monthly Journaling & Idea Section

Monday 1	Tuesday 2	Wednesday 3	Thursday 4
7	7 <small>Election Day</small>	7	7
8	8	8	8
9	9	9	9
10	10	10	10
11	11	11	11
12	12	12	12

Friday 5	Saturday 6 Sunday 7	November 2010
7	7	I commit to rejuvenate and refresh by...
8	8	Inspiration, Affirmation, Quote...
9	9	Notes Messages Calls to Return
10	10	
11	11	
12	12	
1	1	
2	2	
3	3	
4	4	
5	5	
6	6	
M start	M start	
M end	M end	

Vision & Goals

90 Day Vision	90 Day Goals
<p>Creating a 90-day statement to your compass or roadmap to designing the life you want. Start a week now to create your vision for the next 90 days. It can include all of your life, a part of it or one just a project or goal. Focusing on the next 90 days helps narrow the crowd, keeps that overwhelming feeling we sometimes get from creating up and gives you that laser focus to achieve what you have set out to do!</p>	<p>This worksheet will help you clarify the goals you have in the different areas of your life. Think of one goal you want to accomplish in the next 90 days for each area and then list out the different steps and actions you need to take to accomplish them. Remember all goals don't have to be major goals. Make goals as big or as important and as often a part of achieving the major goals you have in your life.</p>
<p>Business goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Financial goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Educational goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Health & Fitness goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Home & Relationship goal</p> <p>Goal: _____ Action Steps to Take: _____</p>	<p>Business goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Financial goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Educational goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Health & Fitness goal</p> <p>Goal: _____ Action Steps to Take: _____</p> <p>Home & Relationship goal</p> <p>Goal: _____ Action Steps to Take: _____</p>

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